

8:45-9:00	Welcome
9:00-9:45	Dr. Karen Mossman, Vice President of Research- Covid-19 with Q&A
9:45-9:55	Break
9:55-10:00	Dennis Tavares- HST Guide
10:00-10:45	Deidre (Dee) Henne, Assistant Vice President and CFO- McMaster's Financial Sustainability Amidst COVID-19 & Climate Crisis with Q&A
10:45-11:15	Dr. Parmjit Singh- Mindfulness Exercise
11:15-12:00	Open Mic Session (Financial Affairs & Research)
12:00-1:00	Lunch
1:00-1:45	HR Review Updates with Q&A
1:45-1:50	Kahoot Movie Trivia Quiz
1:50-2:00	Athletics & Rec Stretch/Activity
2:00-2:45	Dr. David Farrar, President & Dr. Susan Tighe, Provost- Talk with your Leader with Q&A
2:45-3:00	Wrap Up Exercise & Prizes